



Blue Water Hospice

Youe Guide to Central Texas
Hospice Services



512.647.2341
BLUEWATERHOMECARE.COM



Meet Jennifer Prescott

Blue Water Founder

Jennifer Prescott, RN, MSN, CDP is the Founder and Chief Operations Officer of Blue Water Homecare and Hospice.

She is responsible for the strategic direction, vision and growth of the fastest-growing senior care agency in Central Texas.

As a seasoned professional with experience in nursing and clinical operations since 1995, Jennifer is known for compassionate care and maximizing operational excellence. Jennifer proudly serves as the President of the Capital Area Parkinson's Society. She is also on the advisory board of the American Association of Caregiving Youth, and is an advocate for young people caring and supporting their loved ones.

As a member of the sandwich generation, Jennifer has a unique perspective on caregiving and speaks frequently at events, conferences, and support groups on both the challenges and joys of caring for an aging loved one. See more of her recent appearances on the Blue Water YouTube channel.

Jennifer Prescott

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BLUE WATER SERVICES

Hospice Care

Blue Water Hospice is skilled at orchestrating the combined efforts of doctors, hospitals/other care facilities, multiple family members, and spiritual representatives so that your focus can remain wholly on your loved one.

Each family has a dedicated RN Case Manager who is focused on coordinating care and support. Our boutique hospice care services allow our care team the ability to take as much time as needed and have 24/7 nursing and physician coverage.

[Learn more](#)

When to Consider Hospice Care

Hospice care aims to improve the quality of life and ensure comfort when medical treatment is no longer effective. It is sought out when approaching the end of life and/or when faced with an estimated life expectancy of six months or less following a serious illness.

We offer hospice care and offer support services to those receiving palliative care.

[Learn more](#)



Bereavement Support

Bereavement services at Blue Water Hospice begin on admission. We recognize that the process of choosing hospice, and eventually losing a loved one, can be challenging and impacts everyone differently.

Our experienced staff of caregivers will be on call to help your family process their entire range of emotions as they bereave, and in time, eventually begin to heal.

We also assist in tending to the list of affairs left to address following a loss.

[Learn more](#)



Hospice Care Services

What kind of Hospice Care Services does Blue Water provide?

- On-call nurses 24-hours a day, 7-days a week
- Baths, gentle massage, oral hygiene, skin care, nail care, and general grooming
- Laundry and light housekeeping
- Assist with dressing and undressing
- Help with toileting and incontinence care
- Care and cleaning of indwelling urinary catheters
- Shopping for food or prescription pick-ups
- Planning and preparing nutritious meals
- Assistance with feeding and fluid intake
- Documentation of intake, output, and vital signs
- Positioning/turning to prevent skin breakdown
- Maintenance of environment to minimize falls
- Assistance with safe ambulation
- Range of motion exercises
- Provide companionship, conversation, and diversion activities as directed
- Assist with medication reminders and/or provide guidance on self-administered medications



Bereavement Support

How can Blue Water Hospice help following a loss?

After your loved one has passed, Blue Water Hospice will step in to comfort you as you say goodbye, and offer guidance and support as you carry out their final wishes for rest. This can include:

- Coordinating contact with your spiritual representative
- Decision-making regarding burial or funeral arrangements
- Finding ways to meaningfully honor your loved one's memory
- Creating goals for your transitional and future life in their absence

Some basic stages of grief that we can help you navigate include:

- Acknowledging the reality of a loss
- Expressing pain and working through the many associated emotions
- Adjusting to a new environment without them



When to Consider Hospice Care



At what point should hospice care be considered?

- Rapid decline in health, even with supervised medical treatments
- Frequent hospitalizations or trips to the ER with no improvement
- Decreased desire to eat, drink, or significant and rapid weight loss
- Declining alertness or social and emotional withdrawal
- Uncontrolled pain
- Inability to handle, or exhausted by, unsuccessful medical treatments
- A strong desire expressed for comfort and peace while living out their final days
- Help needed with two or more activities of daily living, like eating, bathing, toileting, or dressing



Central Texas Hospice Experts

COMMUNITIES
we serve



AUSTIN	+	BEE CAVE	+
CEDAR PARK	+	GEORGETOWN	+
LAKEWAY	+	LEANDER	+
ONION CREEK	+	PFLUGERVILLE	+
ROUND ROCK	+	WESTLAKE	+
BURNET	+	MARBLE FALLS	+
KINGSLAND	+	HORSESHOE BAY	+

Homecare: 512.872.2955
Hospice: 512.647.2341





Contact Blue Water Hospice

Call us for a free in-home assessment or a consultation.

Let us introduce your family to the Blue Water family and help you take the next step towards end-of-life care. **Follow us on social media for the latest insights, videos, and updates.**



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